



PRISMA

LiberaMente Creative music lab



Do you like playing music? Do you enjoy singing?
Take part in a unique experience to express your musical creativity
and manage performance stress. Join the "LiberaMente" Creative
Music Lab!

In this workshop, you will:

- Transform performance stress into creativity
- Express your emotions through music
- Create music as a group, in a non-competitive environment

Who is it for?

LiberaMente is open to all students with a good knowledge of a
musical instrument or who can sing.

Workshop Structure

3 Labs of 4 lessons each (November 2024 - May 2025).

- **Lab 1 (November 7-14-28 and December 12)**
Basic elements of creative music and emotional management of
performance stress.
- **Lab 2 (February-March)**
Musical creation inspired by visual arts.
- **Lab 3 (April-May)**
Connections between emotions and sound, inspired by
photographs.

How to participate?

Places are limited! To participate in Lab 1,
apply by **October 27, 2024** via google form



Selected participants will be notified by
October 31, 2024.

Registrations for the next Labs will open in
January 2025 and March 2025!

For more information, contact:
social.fbc@unive.it

Curated by
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