Plant Food-Medicines
Perceptions, Traditional Uses and Health Benefits of Food Botanicals, Mushrooms, and Herbal Teas

AN ONLINE WORKSHOP FOR "FOODS" JOURNAL SPECIAL ISSUE

FEBRUARY 24 (10.30-12.30 CET), FEBRUARY 25 (10.30-17.00 CET)

What are we doing?
Exploring the potential of plants ingredients in culinary transformations to broaden our knowledge of healthy foods and "food-medicines" and develop the base material for two or more papers to submit to the Special Issue

How are we doing it?
Day 1 Roundtable and presentation of topics with Guest Editors
Day 2 Teamwork on assigned topics:
- Trends between traditional food medicines and healthy foods across Countries
- Practices of re-inventing healthy foods across the world
- Cross-cultural analysis of public nutrition policies
- Defining healthy food across Countries
- Are you working on a research topic for this Special Issue? Let’s do it together!

Who are we looking for?
Are you interested in plant food-medicines? The workshop is open to established and emergent academics as well as professionals (e.g. chefs and artists)!

To register, please fill in the form.
For more info, see here or ask balba.pruse@unive.it

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