

ARCADA

FACT SHEET 2025/26

updated on March 2025

GENERAL INFORMATION	
Name of institution	ARCADA UNIVERSITY OF APPLIED SCIENCES
Office address	Jan-Magnus Janssonin aukio 1 00560 Helsinki, Finland
Erasmus identification code	SF HELSINK39
Head of institution	Mrs. Mona Forsskåhl , Rector
Homepage and exchange studies useful pages	www.arcada.fi Exchange Studies at Arcada Arcada <ul style="list-style-type: none"> • Application process • Courses for Exchange students • Practical information
Staff working with mobility & contact details	<p>Mrs. Kátia Torres Airava, Head of Student and Staff Mobility: Partner Agreements, +358 (0) 294 282 868</p> <p>Mrs. Christa Holm, Specialist, international affairs: Outgoing student exchange, ERASMUS-coordinator, Staff exchange +358 (0) 294 282 670</p> <p>Mrs. Annika Keskinen, International Coordinator: Outgoing student exchange, ERASMUS-coordinator, +358 (0) 294 282 673</p> <p>e-mail to reach us: international@arcada.fi</p>

APPLICATION	
Partner institutions	Check on MoveOn if your home university is listed among our partners, as we only accept students from our partner institutions.
Online application system	All applications have to be submitted via the online application system MoveOn. After receiving the nominations by the home university, we will send the nominated students a link to the online application form.
Fall semester 2025 Spring semester 2026 <u>Exception</u>	Nomination deadline: 15 April 2025 Application deadline: 30 April 2025 Nomination deadline: 10 October 2025 Application deadline: 25 October 2025 For practical training of Nursing students the following deadlines apply: Fall 2025 Nomination deadline: 1 March 2025 Application deadline: 15 March 2025 Spring 2026 Nomination deadline: 31 August 2025 Application deadline: 15 September 2025
Application documents (to be uploaded through our online application portal)	<ul style="list-style-type: none"> • Preliminary Learning Agreement (LA). • Transcript of records in English (official Grades transcript) from your home university • A certificate of your English skills (see below: language proficiency) • A photo (electronic, jpg) • A copy of valid identity document (ID card or passport) <p>You do not have to send us any hard copies! More information is available on the website and sent directly to the nominated students.</p>
Information for the students <ul style="list-style-type: none"> - Acceptance e-mail - Information letter 	An acceptance e-mail will be sent to the students 4-5 weeks after the application deadline. The letter includes information regarding housing, courses and the arrival. In mid-June / mid-December we send an information letter to the student, with a welcome letter, links and other useful documents such as an official letter of invitation.

GENERAL REQUIREMENTS FOR ADMISSION	
Language proficiency	<p>A certificate of your English skills</p> <p>Exchange students are expected to have a good command of spoken and written English in order to be able to follow the lectures and complete the course assignments, oral presentations and exams. Students selected to study at Arcada should have language skills at a minimum level of B2 according to CEFR in understanding, speaking and writing.</p> <p>We do not arrange any English language tests for exchange students, so it is therefore the responsibility of the partner university to send students who have sufficient knowledge in English.</p>
Health insurance	<p>Exchange students coming to Arcada should obtain all necessary insurances (e.g. health, medical expenses, luggage, home insurance) prior their arrival to Finland. Students from EU countries should additionally acquire a European Health Insurance Card before arriving in Finland. It is also recommended to have liability insurance.</p>
EDUCATIONAL INFORMATION	
Academic calendar <i>exam <u>included</u> in exchange period</i>	<p>Autumn semester 2025 (<i>exchange period: 22.08-19.12.2025, to be confirmed</i>)</p> <p>Period 1: 1.8-27.10.2024 (introduction Day: 22.08.2025 Tuition starts on 27.08.2025)</p> <p>Period 2: 28.10-31.12.2025*</p> <p>Spring semester 2026 (<i>exchange period: 07.01-29.05.2026</i>)</p> <p>Period 3: 1.1.2025-16.3.2025* (Introduction session for exchange students will be held on 7th of January 2026; tuition starts in the same day)</p> <p>Period 4: 14.3-31.7.2025 (the tuition ends at the end of May 2025).</p> <p>*No tuition between 21.12.2025 and 6.1.2026.</p>
Exam sessions	<p>Examination requirements and forms of examination are stated in the course description of every course. Exams are included in exchange period mentioned above</p>
Course/exam registration	<p>Upon arrival at Arcada, the student will get a login and password in order to be able to access computers and our study administration system and to enroll for courses online. These can unfortunately not be handed out by e-mail beforehand.</p>

Course information and descriptions	<p>Courses for exchange students</p> <ul style="list-style-type: none"> • Business • Health and Welfare • Energy and Materials Technology • Culture and Media • Healthcare <p>Remember to choose courses from the right semester. Also remember to carefully go through the prerequisites.</p> <p>Choosing courses from different programs and different years of study is not recommended since overlapping in timetables may occur. Lists of courses may be updated a few weeks prior to the beginning of each semester.</p>
Language(s) of instruction	English or Swedish
Full study load for one semester (ECTS)	In one term you should strive to obtain 30 ECTS credits and in one year 60 ECTS credits.
Grading system	<ul style="list-style-type: none"> • Excellent (5) • Good (4-3) • Satisfactory (2-1)
PRACTICAL INFORMATION FOR INCOMING STUDENTS	
Housing information	<p>The International Coordinator will pre-book a room for the students in a shared flat and give the students the necessary information regarding the student accommodation in the welcome e-mail. The students do not need to take any action regarding accommodation before that!</p> <p>The students should reply to the offer regarding housing in order to confirm it. The student will have to pay a deposit in advance to the housing agency. Rents in Helsinki are rather high. A room in a student housing costs around 470-580 euro/month including heating, warm water and Internet connection. The student will share the apartment with other international students. It is also possible to apply for studio apartments. A studio apartment costs around 600-800 euros</p> <p>There is a limited number of accommodations available. For more information about accommodation, please visit the following page:</p> <p>Practical Information</p>
Estimated cost of living	<p>The cost of living in Finland, on average, is comparable to the rest of Europe. For basic expenses such as food, rent and transportation (without the costs of partying and making trips) a student will need EUR 900 - 1400/month. <i>Be prepared to have more expenses at the beginning of your stay - for the deposit and basic equipment for your apartment, copying etc.</i></p>

Intensive language courses	Please note that it's possible to study Swedish and Finnish at Arcada. If the students wish to study Swedish or Finnish before their arrival, they can have a closer look through here .
Tutor system	Our international tutors (current students) help the exchange students with their arrival and adaptation to the new environment.
Guide for international incoming students	<p>Practical information about studying in Helsinki:</p> <ul style="list-style-type: none"> • http://www.studyinfinland.fi <p>Practical information about Helsinki and Finland:</p> <ul style="list-style-type: none"> • https://www.infofinland.fi/en/frontpage • http://finland.fi/
Transcript of records	Students can download an official transcript of records as soon as they have got all the results of the exams, about 2-5 weeks after the end of the exchange period. Students will receive instructions on how to order their transcript before the end of their exchange period.