

Erasmus Fact Sheet [University of Helsinki](#) (SF HELSINK01) 2024-25



INTERNATIONAL EXCHANGE SERVICES AND EDUCATION COOPERATION

International Exchange Services coordinates the Erasmus programme: e.g. promotes the possibilities, consults in agreement matters, is responsible for exchange selections, organises services for both in and outgoing exchange students, outgoing staff, as well as maintains the mobility management system Mobility Online.

Postal address P.O. Box 53, 00014 University of Helsinki, Finland

Websites [Contact information for International Exchange Services](#)
[Information for mobility partners](#)

Erasmus institutional coordinator Ms. Mari Lauri
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Erasmus SMS student exchanges studentexchange@helsinki.fi
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Erasmus STA teacher and STT staff exchanges staffexchange@helsinki.fi
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In all questions concerning Erasmus mobility partnerships, agreements and actions including exchange student selections and course offerings, renewal of existing mobility agreements, teaching staff or staff training visits, academic content and studies, please contact International Exchange Services, there are no separate Erasmus contact persons at Faculties or Departments.



APPLICATION INFORMATION FOR INCOMING STUDENTS

Nominations

You can nominate students starting from 1 March 2024. We recommend that students are nominated at least two weeks before the application deadlines below. Please fill the form for your nominations at <https://elomake.helsinki.fi/lomakkeet/78780/lomake.html>

Application periods

for Autumn Semester 2024 or Academic Year 2024-25

01.04 -15.04.2024: citizens of non-EU/EEA member states

01.04- 15.05.2024: citizens of EU/EEA member states, Iceland, Liechtenstein, Norway and Switzerland

for Spring Semester 2025:

01.09.-30.09.2024: citizens of non-EU/EEA-member states

01.09.-15.10.2024: citizens of EU/EEA-member states, Iceland, Liechtenstein, Norway and Switzerland

[How to apply](#)

[Online support for applicants](#)

[Language requirements](#)

Semester dates for exchange students (includes orientation):

Autumn Semester: 27 August – 20 December 2024

Spring Semester: 08 January – 30 May 2025

COURSES FOR EXCHANGE STUDENTS

Information on [courses suitable for exchange students](#). Course lists for the academic year 2024 – 2025 will be published in late March/early April 2024.

PRACTICAL INFORMATION

International Exchange Services

With any questions during their stay at the University of Helsinki, exchange students are welcome to contact the International Exchange Services, represented on each campus together with the local Student Services. Please check the address and office hours as well as online appointment times of each campus's Student Services at our [Contact page](#).

With any questions before or during their stay, students can e-mail studentexchange@helsinki.fi or call +358 2941 22401 (Monday-Friday 12 – 2 PM).

Housing

For the students wanting to live in a student dormitory, University of Helsinki has agreed with housing providers, including Unihome and HOAS (Foundation for Student Housing in the Helsinki Region), on a number of rooms for incoming exchange students. Apartments are located around Helsinki. Students should choose their housing option based on their budget and their wishes.



Exchange students submit their housing application as a part of their exchange application. Their information will be forwarded to housing providers. Applicants will be informed if a separate housing application is needed. Housing providers will send out only one housing offer per student.

Mandatory fees prior to arrival: room deposit: €500 (subject to change) to be paid to the housing provider according to their instructions. Students should be prepared to pay the deposit when they receive instructions from the housing provider. This can be several months prior to arrival.

Information about various other housing options is available at our [housing page](#).

Other practical information

[Visa /Residence permit](#)

[Insurance](#)

[Cost of living page](#)

[City of Helsinki](#)

INFORMATION FOR ACCEPTED STUDENTS

Orientation, Check-in event, Tutoring

Each semester begins with a mandatory [orientation week](#) during which students take care of all practicalities and sign up for courses.

During orientation, incoming exchange students receive help from student tutors, who introduce Finnish university life to the new exchange students and help them with practical issues such as mobile phones, getting a monthly ticket for public transportation etc.

Orientation dates

Autumn semester 27/08-29/08 2024

Spring semester 08/01- 10/01 2025

Course enrolment

Students need to have their University of Helsinki User ID to register for courses. Students receive the User ID by applying for it prior to arrival in Finland. Course registration happens after arrival.

After course information for the following academic year is published, there may be some changes, so the Learning agreement is only a preliminary plan. Students are advised to re-check the list of courses offered during the academic year of their exchange before they arrive.

Grading system

The University of Helsinki uses a six-level grading scale from 0 to 5.

5 = excellent or A

4 = very good or B

3 = good or C

2 = satisfactory or D

1 = passable or E

0 = fail or F or FX



Please note that reference to the A-F grading scale is only indicative. In addition to applying this grading scale, a pass/fail grade may be used when grading certain courses, e.g. ones containing practical training or practical skills. Please note it is not possible to receive a numeric grade for these pass/fail courses.

The University of Helsinki grading scale is not a proportionate scale and does not therefore fully correspond to the ECTS grading scale: the ECTS system is based on an expectancy of the distribution of different grades, the Finnish system is not. This means that in the Finnish system each student is graded on his/her individual performance, not in relation to the performance of others.

[Exchange Students Website](#)

PROMOTIONAL MATERIALS AND SOCIAL MEDIA

[Promotional materials \(section: Materials and Links\)](#)

[University of Helsinki in Instagram](#)

[University of Helsinki in Facebook](#)

[New students of the University of Helsinki in Facebook](#)

[Youtube](#)

[Chat with our students and read their blogs](#)

FACILITIES AND SERVICES

[Campuses](#)

[University library](#)

[Learning Centre Aleksandria](#)

[Student benefits](#)

[Student Cafeterias](#)

[Student Union](#)

[Unisport](#)

Information provided on: 29th of November 2023